



Navy Medicine

Get Real Get Better (GRGB) Pulse Survey

- **What:** Get Real Get Better (GRGB) is a Navy-wide call to action that empowers leaders at all levels to embrace proven leadership and problem-solving practices to drive exceptional performance. Navy Medicine embraces GRGB mindset, skillset, and toolset to foster a culture where we constantly self-assess, self-correct, and embrace the red to improve performance, achieve outcomes and strive for an environment that is always learning to facilitate completion of tasks supporting the Surgeon General's Lines of Effort outlined in the Navy Medicine Campaign Order and Navy Medicine Enterprise Charter.
- **Who:** All Navy Medicine military and civilian personnel assigned to BSO-18 activities.
- **Why:** The intent of the GRGB Quarterly Pulse Survey is to gauge understanding of a GRGB mindset, skillset, and toolset.
- **Where/How:** Scan the QR code or copy and paste the link into browser and complete survey. Link: https://usnavy.gov1.qualtrics.com/jfe/form/SV_3ltTboVwgWAYkAK
- **When:** Now and extended through **14 March 2025.**

