

Joel Schofer's Promotion Checklist for LTs

Based on the Medical Corps Career Pathway below, here are the most important things you need to do to maximize your chances of promotion to LCDR/O4:

- ☐ Take the time early in your career to go through [the Promo Prep](#) and make sure your record is up to date.
- ☐ Do not get a black mark on your record, because the promotion to O4 is near 100%. Black marks would include things like failing a Physical Fitness Assessment (PFA), having an adverse legal issue like a DUI or non-judicial punishment (NJP), or getting anything less than a Promotable (P) on a fitness report.
- ☐ Select for any residency that will lead to board certification.
- ☐ If you spend time as a Flight Surgeon, Undersea Medical Officer, or General Medical Officer or deploy, make sure you get the warfare device available to you. Not doing that is a red flag.

That's it! Once you achieve these, move on to my Promotion Checklist for LCDRs.

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Medical Corps Career Pathway

Intent: The Navy Medical Corps Officer career path will deliberately develop the clinical, operational, and leadership skillsets required to lead Navy Medicine in positions of progressively increasing scope and responsibility.

Expectations: Officers who are competitive for promotion will have accrued both the operational and clinical experience necessary to serve in billets that are commensurate with the next rank.

