Joel Schofer's Promotion Checklist for LTs

Based on the Medical Corps Career Pathway below, here are the most important things you need to do to maximize your chances of promotion to LCDR/O4:

Take the time early in your career to go through the Promo Prep and make sure your
record is up to date.
Do not get a black mark on your record, because the promotion to O4 is near 100%.
Black marks would include things like failing a Physical Fitness Assessment (PFA), having
an adverse legal issue like a DUI or non-judicial punishment (NJP), or getting anything
less than a Promotable (P) on a fitness report.
Select for any residency that will lead to board certification.
If you spend time as a Flight Surgeon, Undersea Medical Officer, or General Medical
Officer or deploy, make sure you get the warfare device available to you. Not doing that

That's it! Once you achieve these, move on to my Promotion Checklist for LCDRs.

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Medical Corps Career Pathway

Intent: The Navy Medical Corps Officer career path will deliberately develop the clinical, operational, and leadership skillsets required to lead Navy Medicine in positions of progressively increasing scope and responsibility.

Expectations: Officers who are competitive for promotion will have accrued both the operational and clinical experience necessary to serve in billets that are commensurate with the next rank.

			Recommended Med	dica	l and Professional	Achievement	Windows	
- Selection for - Board ce			Recommended Medical and Professional A d certification or or Senior OMO - JPME I/II			- Advanced Leadership/Business Degree		
Red	commended	High Re	liability Organizatio	n (F	IRO) and Culture	of Safety Devel	opmental Training Opport	unities
Officer Development School (ODS) (pre-commission)	Residency Operations School-ho Training	al	Basic Readiness Officer Course (BROC)	R	dvanced eadiness fficer Course AROC)		Safety Leadership Acade	
Junior OMO Tour Surface Fleet Physician Marine Battalion Surgeon Flight Surgeon (FS) Undersea Medical Officer Alternative Junior Billet Resident Fellow Junior Staff Physician Department of the proper of the pro			Senior OMO Tour Arbip or Group SMO Begimental Sgn or Group FS Benior FS/UMO GHE/HQ/PERS S FST OIC / CATF Alternative Senior Besident/Fellow Brivision/Department Head MO/Medical Director Sassistant Program Director IEC Member Chief Medical Off Director/Large De Assistant Special Program Director MEC Chair Ours are central to career progression and the de as Executive OMOs. Deployments/prior service with strategic responsibility including the operation			TYCOM/Fleet Surgeon Division/Group/Wing Sgn Senior HQ/PERS Surgeon Senior GHE Billet Alternative Senior Billet Alternative Senior Billet MEF Surgeon MARFOR		